

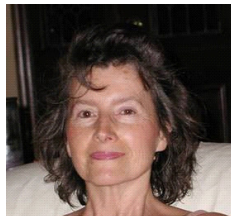


## Dr. Anne-Marie Derouault

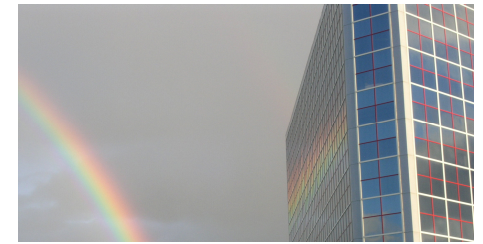
Dr. Anne-Marie Derouault worked as an executive at a Fortune 500 company for 25 years, where she directed alliances, marketing and emerging businesses. She is currently President of Emergence Resources, LLC, a company specializing in developing people and teams. She offers consulting and coaching internationally on Time Management, Stress Reduction, Communication and Leadership.

She holds a PHD in Computer Linguistics and a Masters degree in Psychology from Paris University, France. She is certified in Amrit Method™ of Integrative Relaxation and registered with Yoga Alliance.

*For more information and appointments, call 321-431-5054 or email: [annmaryd@earthlink.net](mailto:annmaryd@earthlink.net)*



Dr. Anne-Marie Derouault lives in Merritt Island, FL. She is available in person or by phone.



## Emergence Resources LLC

### BUSINESS PROGRAMS



### CONSULTING AND COACHING

- TIME MANAGEMENT
- COMMUNICATION
- LEADERSHIP
- STRESS MANAGEMENT
- BUSINESS YOGA™

Dr. Anne-Marie Derouault,  
PHD in Linguistics, Masters in Psychology  
25 yrs of experience as a corporate executive

Emergence Resources LLC

*Growing people and teams*

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**Do you** need to meet your business objectives while maintaining focus and balance? Are you facing increased pressure on you or your teams? Do you need to develop collaborative relationships inside and outside your company? Are you looking for ways to reduce employee stress levels and maintain productivity?

**Emergence Resources, LLC**, is uniquely positioned to help you answer these challenges. We bring you years of experience in management, partnerships and new businesses, combined with deep knowledge in communication, stress reduction techniques, and yoga for businesses.

**We offer** an array of affordable services that can help you and your team manage their time effectively; be more productive; improve communication and negotiations skills; and maintain a healthy level of stress.



## **Time Management**

Discover and work with the “laws of time” and your personal attitudes.

Get concrete tools and practices to make your day to day time management efficient and enjoyable. Time is a non replaceable resource but it can be optimized for maximum return!



## **Communication & Leadership**

Develop productive relationships with co-workers and clients.

Lead successful negotiations with partners.  
Practice Win-Win conflict resolution.  
Explore and leverage your best leadership styles.



## **Stress Reduction**

Discover stress management strategies compatible with a full work day, combining recent neurosciences and relaxation.

Get concrete tools to relieve stress in situation and start to build a “shield” to stay centered, focused and relaxed in the midst of pressure.

## **Consulting for companies**

Initial consultation is **free**. During the initial consultation, we work with you to determine the needs of your business. We design a customized program, half day, one day or two day workshops to help your team increase its performance, decrease its level of stress or improve its communication skills.

## **Individual Sessions**

### **Coaching: Time or Stress Management, Communication, Leadership,**

1 hour: \$150  
45 minutes: \$110  
30 minutes: \$75

**Business Yoga:** \$75 / hour

**Integrative Relaxation:** \$75 / hour

*Rates are subject to change*